

REAL TIME

*Or, can you slow down
to the speed of Life?*



2½ minutes in real time to

Breathe,

Pause,

Observe

J Brooks Jensen

A Brooks Jensen Arts Publication





























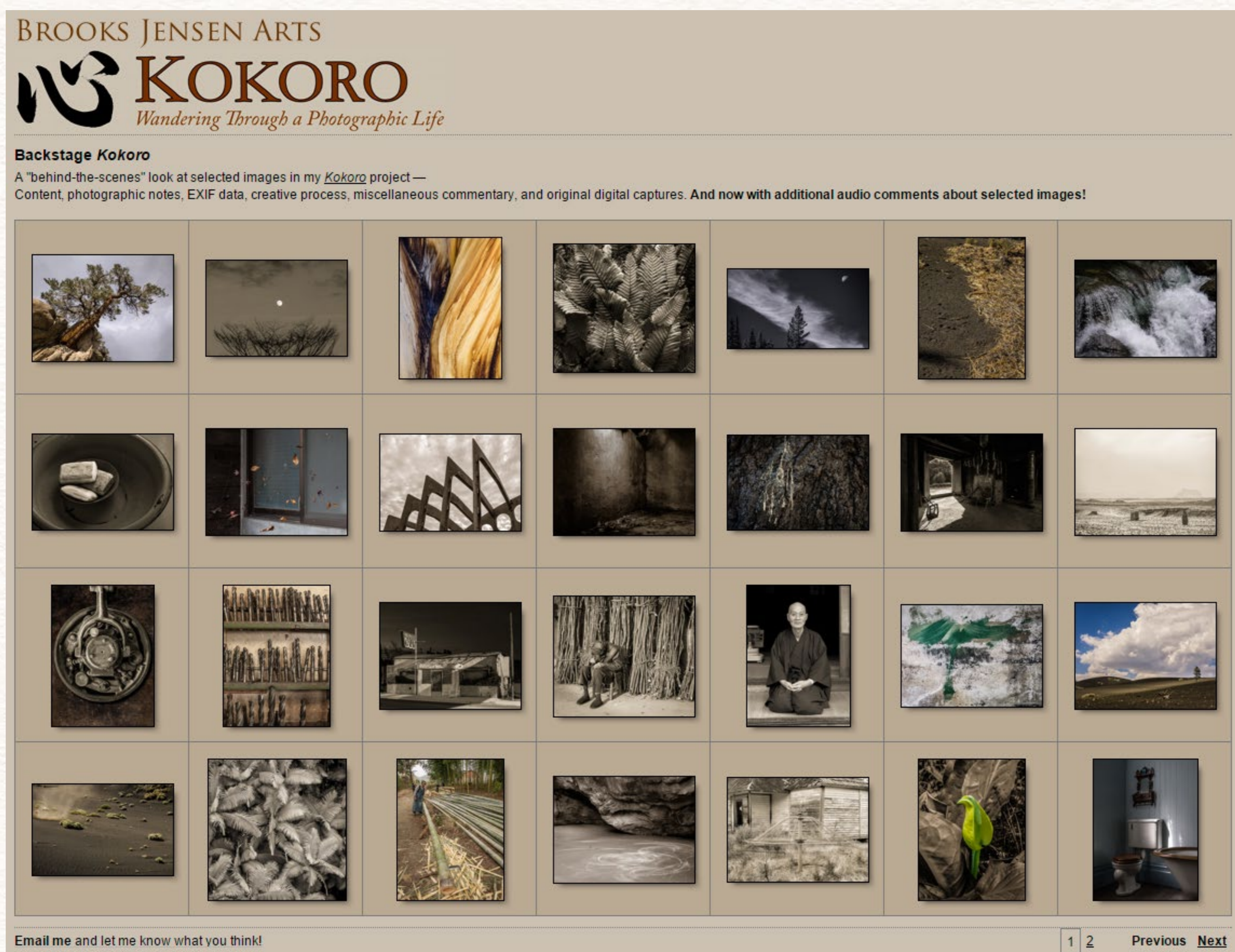
These 14 photographs were made in the same
2½ minutes you just took to experience them.

The speed of Life.

You might also like...

BACKSTAGE *KOKORO*

A “behind-the-scenes” look at selected images in *Kokoro*



This [stand-alone web presentation](#) offers comments about the creative and technical process for one image per topic in *Kokoro*.

- Text and audio comments about content, and the making of the image
- Photographic notes
- Creative process comments
- Includes EXIF data for each image
- Original digital captures (downsized for the web) to illustrate the “before” and “after” of post-processing

Brooks Jensen is a fine-art photographer, publisher, workshop teacher, and writer. In his personal work he specializes in small prints, hand-made artist's books, and digital media publications.



He and his wife (Maureen Gallagher) are the owners, co-founders, editors, and publishers of the award winning *LensWork*, one of today's most respected and important periodicals in fine art photography. With subscribers in 73 countries, Brooks' impact on fine art photography is truly world-wide. His long-running podcasts on art and photography are heard over the Internet by thousands every day. All 900+ podcasts are available at [LensWork Online](#), the LensWork membership website. LensWork Publishing is also at the leading edge in multimedia and digital media publishing with *LensWork Extended* — a PDF based, media-rich expanded version of the magazine.

Brooks is the author of seven best-selling books about photography and creativity: *Letting Go of the Camera* (2004); *The Creative Life in Photography* (2013); *Single Exposures* (4 books in a series, random observations on art, photography and creativity); and *Looking at Images* (2014); as well as a photography monograph, *Made of Steel* (2012). His next book will be *Those Who Inspire Me (And Why)*. A free monthly compilation of of this image journal, [Kokoro](#), is available for download.

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